

# PSYCHODRAMATIC BODYWORK®

**Psychodramatic Bodywork®** combines two forms of psychotherapy: psychodrama and bodywork. Psychodrama uses dramatic action methods to free and reintegrate spontaneity blocked by earlier trauma. Bodywork uses *Safe Touch* to help individuals connect with the messages that are held in the body as pain, numbness and / or illness. Susan works with a skilled team of assistants who perform demonstrations that help illustrate the theory and the process of Psychodramatic Bodywork®. The atmosphere is relaxed and fun and fosters learning in an easy, natural manner. A spiritual component that deepens the effectiveness of the work is incorporated into the training.

**Susan Aaron** is the creator of Psychodramatic Bodywork® and an internationally respected expert on emotions, the body and spirituality. She is a Canadian certified director of psychodrama, a Reiki Master and a registered massage therapist. For 20 years Susan's training and workshops have transformed people from Canada, the U.S. and the Europe by teaching and experientially applying the principles of Psychodramatic Bodywork® to the relationship between the body and the healing journey. She channels messages to her students with the support of a council of guides. Susan has produced two videos in DVD format that illustrate her work. She is the recipient of the 2006 Innovator's award, presented by the *American Society of Group Psychotherapy & Psychodrama (A.S.G.P.P.)*. This award acknowledges her innovative work in combining psychodrama and bodywork.



## The Intermediate Level workshop focuses on:

- the three styles of blocking anger, sadness and fear
- identifying the meridians in the body that relate to each blocking style
- relating the blocking styles to various life traumas and the healing process
- basic headache patterns and how to work with them
- basic psychodrama skills combined with the knowledge of blocking styles

## Upcoming Intermediate Workshop

**Dates: November 16, 17, 18, 2012** (3 full days)

**Location:** Beaches area of Toronto

**Hours:** 9:30am – 12:30 and 2:00pm – 5:00pm (Sunday ends at 4:00pm)

**Costs:** Registration before October 16/12 - \$450.00 (\$486.00 including HST) - Registration after October 16/12 – \$536.00 (incl. HST)

(First Nations participants with status number are refunded the 8% tax)

**Cancellation Policy:** 4 weeks notice (October 16th) full refund minus \$25.00 administrative fee, 2 weeks notice - 50% credit towards further Susan Aaron Workshop events; There will be NO REFUNDS or CREDIT with FEWER THAN 2 WEEKS notice.

## Workshop Registration Form

First name \_\_\_\_\_ Last name \_\_\_\_\_

Name I'd like on my name tag \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

Phone(s): \_\_\_\_\_ Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Because this is an experiential workshop, deep personal healing does occur, but it is not a therapy group. All participants will need significant support available to them to complete and integrate what was begun in the workshop


I have therapeutic resources in place to support me outside of this workshop. I understand that this is a requirement for attending the workshop.. I understand that completion of this workshop does NOT qualify me to train others or to represent myself as trained in Psychodramatic Bodywork®

\_\_\_\_\_ (signature)

## Send Workshop Payment and Completed Form To Susan Aaron Workshops (details below)

### Options:

—Make cheque payable to **Susan Aaron Workshops** and mail to **47 Spruce Hill Rd., Toronto, ON. M4E 3G2** Canada

—Credit cards (circle one)    Card number \_\_\_\_\_

Expiration date \_\_\_\_\_ (mo /yr) Name on card \_\_\_\_\_

—E-mail information to: [aaron@youremotions.com](mailto:aaron@youremotions.com), or — Fax: to 416-699-1591

**This workshop has limited space available. Register soon if you want to guarantee your participation!**  
**Only 11 spaces maximum are being offered.**

Visit our web site at [www.youremotions.com](http://www.youremotions.com)