

Psychodramatic Bodywork[®] Advanced Level Application Form

If you have a history of manic/depressive, bi-polar or psychotic disorders, this level is not appropriate for you.

Name of applicant:

Educational Institutions & years attended

Degrees/Certificates Attained

Affiliated Organizations

Any organization that can hold you therapeutically accountable and to whom you pay an annual fee, e.g., O.S.P. (Ontario Society of Psychotherapists)

Non-Traditional Training and Education or Relevant Life Experience

If you do not have a degree or certificate from some form of training institution, and you feel strongly that you have the equivalent in life experience, please submit a separate page outlining your experience and why you feel that this experience prepares you for this level of training.

Employment History

What work are you doing now and how do you imagine incorporating Psychodramatic Bodywork® into your work?

Record of any significant health conditions that could be useful for the trainer/assistants to know when working with you safely (add a page if necessary)

Record of Personal Therapy (past and present)

Type of therapy and time frame. *Regular therapy is a requirement during the entire duration of your training period.*

Note:

Ongoing therapy is a requirement at this level of training. Because the training is about entering fully into our bodies, and our bodies are where the traumas are stored, it is necessary to have the container of ongoing therapy to complete and support the deep transformational work that can take place. Personal healing does occur because it is an experiential training, but it is not a personal therapy group. Each participant is responsible for the care of their own "wounded self" during and after the training.

I understand that ongoing personal therapy is required for me to participate beyond the intermediate level. Should I begin applying these techniques in a therapeutic practice professional supervision must also be in place. My current arrangements are as follows:

personal therapy

professional supervision

Psychodrama Training is a great asset in the Advanced level. It is a requirement in some specific Advanced level groups (specifically in the U.S.). It is not required in ALL groups.

Please fill in one of the following:

- If you have no current training in psychodrama, please note if you have any plans to do so.
- If you have some previous experience in psychodrama, please indicate how many hours of psychodrama training you have at this time. Please list trainers, time frame and hours.

- If you are a certified psychodramatist, please note the level of certification and name the trainer(s) and training centre.

Please complete this form and return to Susan Aaron at 47 Spruce Hill Rd. Toronto, ON. Canada M4E 3G2 or aaron@youremotions.com

Name _____
Full mailing Address _____ _____
Email address _____ (please print clearly)
Phone numbers _____ home _____ work _____ mobile

By signing this form I am agreeing to the following:

1. I commit to having regular therapy in place before the first unit of Advanced Level begins lasting for the duration of this level.
2. I commit to attend and/or be financially responsible for all 20 days of this training (usually offered in four or five consecutive days once a year).
3. I commit to not using alcohol or non-prescription drugs during training or practicum days or evenings.

Signature: _____ Date: _____